Low Clinical Value Medications and Alternatives

Our Low Clinical Value medication program provides protection to you by preventing unnecessary spending on high-cost medications with low clinical value compared to alternatives available in the market. Through your pharmacy benefit plan, we provide you with better alternatives – equal or more effective medications at a lower cost.

Excluded Medication* Brand name (generic name)	Use	Alternative Therapy	What You Should Do
Antibiotic and Antifungal Agents			
Tolsura (itraconazole) 65 mg capsule	Systemic fungal infections	Generic Rx itraconazole 100 mg capsule, Rx oral antifungal	Talk to your doctor about an alternative prescription
Anti-inflammatory Agents			
diclofenac 1.5% topical solution	Osteoarthritis of the knee	OTC topical analgesic (ex Voltaren/diclofenac gel, capsaicin) or oral NSAID agent (Rx or OTC)	Talk to your pharmacist about over-the-counter alternatives
Duexis (ibuprofen & famotidine) tablet	Osteoarthritis or Rheumatoid arthritis	Generic OTC or Rx NSAID (ibuprofen) + generic acid reducer (famotidine)	Talk to your pharmacist about over-the-counter alternatives
fenoprofen calcium 200 mg capsule	Osteoarthritis or Rheumatoid arthritis	Generic OTC or Rx NSAID	Talk to your pharmacist about over-the-counter alternatives
Flector (diclofenac) 1.3% patch	Acute pain control	Oral OTC or Rx NSAIDs, OTC topical analgesic (ex Voltaren/diclofenac gel, capsaicin) or OTC pain patch	Talk to your doctor about an alternative prescription
Gloperba (colchicine) oral solution	Gout	Generic colchicine tablet or capsule, generic OTC or Rx NSAID	Talk to your doctor about an alternative prescription
Indocin (indomethacin) suppositories	Gout	Generic OTC or Rx NSAID	Talk to your doctor about an alternative prescription
Lofena (diclofenac potassium) tablet	Pain control	Generic OTC or Rx NSAID	Talk to your doctor about an alternative prescription
Nalocet (oxycodone with 300 mg acetaminophen) tablet	Pain control	Generic oxycodone + acetaminophen tablet (with 325 mg acetaminophen)	Talk to your doctor about an alternative prescription

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Naprelan (naproxen) ER tablet	Osteoarthritis or Rheumatoid arthritis	OTC Naproxen, generic OTC or Rx NSAID	Talk to your pharmacist about over-the-counter alternatives
Norgesic / Norgesic Forte (orphenadrine, aspirin & caffeine) tablet	Musculoskeletal Pain	Generic orphenadrine (non-combination) or other generic NSAID	Talk to your doctor about an alternative prescription
Orphengesic Forte (orphenadrine, aspirin & caffeine) tablet	Musculoskeletal Pain	Generic orphenadrine (non-combination) or other generic NSAID	Talk to your doctor about an alternative prescription
Pennsaid (diclofenac) 2% topical solution	Osteoarthritis of the knee	OTC topical analgesic (ex Voltaren Gel OTC, Capsaicin) or oral NSAID agent (Rx or OTC)	Talk to your pharmacist about over-the-counter alternatives
Prolate (oxycodone with 300 mg acetaminophen) tablet	Pain control	Generic oxycodone + acetaminophen tablets (with 325 mg acetaminophen)	Talk to your doctor about an alternative prescription
Prolate (oxycodone with 300 mg acetaminophen) solution	Pain control	Generic oxycodone + acetaminophen solution (with 325 mg acetaminophen per 5 ml)	Talk to your doctor about an alternative prescription
Seglentis (tramadol & celecoxib) tablet	Acute pain control	Generic tramadol + generic celecoxib	Talk to your doctor about an alternative prescription
Vimovo (naproxen & esomeprazole) tablet	Osteoarthritis or Rheumatoid arthritis	Generic OTC NSAID (naproxen) + proton-pump inhibitor (esomeprazole)	Talk to your pharmacist about over-the-counter alternatives
Vivlodex (meloxicam) capsule	Osteoarthritis or Rheumatoid arthritis	Generic meloxicam tablet, generic OTC or Rx NSAID	Talk to your doctor about an alternative prescription
Vyscoxa (celecoxib) oral solution	Osteoarthritis or Rheumatoid arthritis	Generic OTC or Rx NSAID	Talk to your doctor about an alternative prescription
Zipsor (diclofenac) capsule	Osteoarthritis or Rheumatoid arthritis	Generic OTC or Rx NSAID	Talk to your pharmacist about over-the-counter alternatives
Cardiovascular Agents			
Antihyperlipidemic			
Atorvaliq (atorvastatin) suspension	High cholesterol	Generic Rx atorvastatin tablet, generic Rx statin	Talk to your doctor about an alternative prescription
Fenoglide (fenofibrate) 120mg tablet	High triglycerides	Other dosage forms and strengths of generic fenofibrate, generic gemfibrozil, generic niacin	Talk to your doctor about an alternative prescription

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Lovaza (omega-3-acid ethyl esters) capsule	High triglycerides	Generic OTC omega-3 fatty acids	Talk to your pharmacist about over-the-counter alternatives
Niacor (niacin) tablet	High triglycerides	OTC Niacin, generic fenofibrate, generic gemfibrozil	Talk to your pharmacist about over-the-counter alternatives
Diuretics			
CaroSpir (spironolactone) suspension	Diuretic / cardiovascular agent	Generic Rx spironolactone tablet (can be compounded to liquid by a pharmacist), Rx potassium-sparing diuretic	Talk to your doctor about an alternative prescription
Central Nervous System Agents			
Anticonvulsants			
Motpoly XR (lacosamide) capsule	Seizures	Generic Rx immediate release lacosamide tablet, lamotrigine ER, levetiracetam ER	Talk to your doctor about an alternative prescription
Antidepressive Agents			
Aplenzin (bupropion hydrobromide) ER tablet	Depression	Generic bupropion Hydrochloride ER or immediate release tablet, generic SSRI, generic SNRI	Talk to your doctor about an alternative prescription
Auvelity (bupropion & dextromethorphan)	Depression	Generic buproprion XL tablet, generic SSRI, generic SNRI	Talk to your doctor about an alternative prescription
venlafaxine ER tablet	Depression/anxiety/social anxiety	Generic venlafaxine ER capsule or immediate release venlafaxine, generic SSRI, generic SNRI	Talk to your doctor about an alternative prescription
Anti-Parkinson Agents			
Gocovri (amantadine) ER capsule	Parkinson’s tremors	Generic Rx immediate release amantadine, dopamine agonist, MAO-B inhibitor	Talk to your doctor about an alternative prescription
Rytary (carbidopa & levodopa) ER capsule	Parkinson’s tremors	Generic Carbidopa & Levodopa ER tab	Talk to your doctor about an alternative prescription
Attention-Deficit/Hyperactivity Disorder Agents			

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Onyda XR (clonidine HCl) ER suspension	Attention-deficit/hyperactivity disorder	Generic clonidine ER tablet, generic Rx ADHD non-stimulant	Talk to your doctor about an alternative prescription
Hypnotics/Sedatives/Sleep Disorder Agents			
Edluar (zolpidem) SL tablet	Insomnia	Generic Rx zolpidem (Ambien), eszopiclone, zaleplon	Talk to your doctor about an alternative prescription
Intermezzo (zolpidem) SL tablet	Insomnia	Generic Rx zolpidem (Ambien), eszopiclone, zaleplon	Talk to your doctor about an alternative prescription
Migraine Products			
Allzital (acetaminophen & butalbital) tablet	Migraine relief	Generic OTC or Rx acetaminophen or NSAID; or other generic butalbital & acetaminophen combination	Talk to your doctor about an alternative prescription
Cambia (diclofenac) powder packet	Migraine relief	Generic sumatriptan (Imitrex) tablet, other generic triptan	Talk to your doctor about an alternative prescription
Elyxyb (celecoxib) oral solution	Migraine relief	Ibuprofen solution 100 mg per 5 ml or generic celecoxib 100 mg capsule	Talk to your doctor about an alternative prescription
Onzetra Xsail (sumatriptan) nasal powder	Migraine relief	Generic sumatriptan (Imitrex) tablet or nasal spray, other generic triptan	Talk to your doctor about an alternative prescription
Symbravo (meloxicam & rizatriptan) tablet	Migraine relief	Generic Rx sumatriptan (Imitrex) + as needed NSAID (meloxicam)	Talk to your doctor about an alternative prescription
Tosymra (sumatriptan) nasal spray	Migraine relief	Generic sumatriptan (Imitrex) tablet or nasal spray, other generic triptan	Talk to your doctor about an alternative prescription
Treximet (sumatriptan & naproxen) tablet	Migraine relief	Generic Rx sumatriptan (Imitrex) + as needed OTC NSAID (naproxen)	Talk to your doctor about an alternative prescription
Zembrace Symtouch (sumatriptan) sc inj	Migraine relief	Generic sumatriptan (Imitrex) tablet, other generic triptan	Talk to your doctor about an alternative prescription
Musculoskeletal Therapy Agents			
Amrix (cyclobenzaprine) ER capsule	Muscle relaxant	Generic Rx cyclobenzaprine 5 mg or 10 mg immediate release tablet, generic baclofen, generic methocarbamol	Talk to your doctor about an alternative prescription
chlorzoxazone 250 mg tablet	Muscle relaxant	Immediate release cyclobenzaprine 5 or 10 mg tablet or chlorzoxazone 500 mg tablet	Talk to your doctor about an alternative prescription

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Fexmid (cyclobenzaprine) 7.5 mg tablet	Muscle relaxant	Generic Rx cyclobenzaprine 5 mg or 10 mg immediate release tablet, generic baclofen, generic methocarbamol	Talk to your doctor about an alternative prescription
Lorzone (chlorzoxazone) 375 mg and 750 mg tablet	Muscle relaxant	OTC NSAIDS or generic chlorzoxazone 500 mg tablet	Talk to your doctor about an alternative prescription
Neurological Agents			
Eprontia (topiramate) oral solution	Migraine prevention or anticonvulsant	Generic Rx immediate release topiramate (Topamax) tablet, generic migraine prevention agent for migraine	Talk to your doctor about an alternative prescription
Gralise (gabapentin) ER tablet	Postherpetic neuralgia (nerve condition)	Generic Rx immediate release gabapentin (Neurontin) tablet, generic pregabalin	Talk to your doctor about an alternative prescription
Horizant (gabapentin) ER tablet	Postherpetic neuralgia (nerve condition)	Generic Rx immediate release gabapentin (Neurontin) tablet, generic pregabalin	Talk to your doctor about an alternative prescription
Qudexy (topiramate) XR sprinkle capsule	Migraine prevention or anticonvulsant	Generic Rx immediate release topiramate (Topamax) tablet, generic migraine prevention agent for migraine	Talk to your doctor about an alternative prescription
Trokendi XR (topiramate) ER capsule	Migraine prevention or anticonvulsant	Generic Rx immediate release topiramate (Topamax) tablet, generic migraine prevention agent for migraine	Talk to your doctor about an alternative prescription

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Questions?

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Dermatological Agents			
Acne Agents			
Aklief (trifarotene) cream	Acne	Generic topical OTC adapalene 0.1%, generic topical tazarotene cream 0.1%, or tretinoin cream	Talk to your doctor about an alternative prescription
Amzeeq (minocycline) topical foam	Acne	Topical generic clindamycin 1% gel or lotion, generic topical erythromycin	Talk to your doctor about an alternative prescription
Doryx (doxycycline hyclate) DR tablet	Acne	Doxycycline hyclate immediate release or doxycycline monohydrate immediate release, generic minocyline, generic tetracycline	Talk to your doctor about an alternative prescription
Doryx MPC (doxycycline hyclate) DR tablet	Acne	Doxycycline hyclate immediate release or doxycycline monohydrate immediate release, generic minocyline, generic tetracycline	Talk to your doctor about an alternative prescription
Epiduo Forte (adapalene & benzyl peroxide)	Topical antiseptic/acne	OTC adapalene (Differin gel) + benzoyl peroxide (Clean & Clear Persa-Gel 10)	Talk to your pharmacist about over-the-counter alternatives
Epsolay (benzoyl peroxide) 5% cream	Acne or rosacea inflammatory lesions	OTC benzoyl peroxide	Talk to your pharmacist about over-the-counter alternatives
Minolira (minocycline) ER	Acne	Generic doxcycycline immediate release, minocycline immediate release, or tetracycline	Talk to your doctor about an alternative prescription

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Seysara (sarecycline) tablet	Acne	Generic doxycycline immediate release, minocycline immediate release, or tetracycline	
TargaDOX (doxycycline) tablet	Acne	Doxycycline hyclate immediate release or Doxycycline monohydrate immediate release	Talk to your doctor about an alternative prescription
Twyneo (tretinoin & benzoyl peroxide)	Acne	Generic tretinoin cream and OTC benzoyl peroxide	Talk to your doctor about alternative prescriptions
Zilxi (minocycline) foam	Rosacea	Topical generic metronidazole cream or azelaic acid gel	Talk to your doctor about an alternative prescription
Antifungal Agents			
Jublia (efinaconazole) solution	Toe nail fungus	Oral generic Rx terbinafine (Lamisil), OTC or Rx oral or topical antifungal	Talk to your doctor about an alternative prescription
Kerydin (tavaborole) solution	Toe nail fungus	Oral generic Rx terbinafine (Lamisil), OTC or Rx oral or topical antifungal	Talk to your doctor about an alternative prescription
Luzu (luliconazole) 1% cream	Topical antifungal	Topical OTC antifungal such as clotrimazole or topical generic Rx such as ketoconazole	Talk to your pharmacist about over-the-counter alternatives
Vusion (miconazole & zinc oxide)	Topical antifungal	OTC Desitin + OTC miconazole cream	Talk to your pharmacist about over-the-counter alternatives
Xolegel (ketoconazole) 2% gel and kits	Topical antifungal	Topical OTC antifungal such as clotrimazole or topical generic Rx such as ketoconazole	Talk to your pharmacist about over-the-counter alternatives
AntiviralAgents			
Denavir (penciclovir) cream	Herpes labialis (cold sores)	Generic acyclovir ointment	Talk to your doctor about an alternative prescription
Sitavig (acyclovir) buccal tablet	Oral antiviral (treatment for cold sores)	OTC topical antiviral (Abreva)	Talk to your pharmacist about over-the-counter alternatives
Xerese (acyclovir & hydrocortisone) cream	Topical antiviral and steroid (treatment for cold sores)	Acyclovir ointment 5% + OTC 1% hydrocortisone ointment	Talk to your doctor about an alternative prescription
Skin Lubricants, Moisturizers, or Barriers			

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Aladerm Plus	Skin lubricant, moisturizer, or barrier	OTC topical lidocaine with emollient such as Vaseline or Aquaphor	Talk to your pharmacist about over-the-counter alternatives
Ceracade	Skin lubricant, moisturizer, or barrier	OTC topical emollient such as Vaseline, Aquaphor, or Aloe	Talk to your pharmacist about over-the-counter alternatives
Emulsion SB	Skin lubricant, moisturizer, or barrier	OTC topical emollient such as Vaseline, Aquaphor, or Aloe	Talk to your pharmacist about over-the-counter alternatives
Entty emulsion spray	Skin lubricant, moisturizer, or barrier	OTC topical emollient such as Vaseline, Aquaphor, or Aloe	Talk to your pharmacist about over-the-counter alternatives
EpiCeram Skin Barrier and other similar products	Skin lubricant, moisturizer, or barrier	OTC topical emollient such as Vaseline, Aquaphor, or Aloe	Talk to your pharmacist about over-the-counter alternatives
Iliderm	Skin lubricant, moisturizer, or barrier	OTC topical lidocaine with emollient such as Vaseline or Aquaphor	Talk to your pharmacist about over-the-counter alternatives
KamDoy Rx skin emulsion	Skin lubricant, moisturizer, or barrier	OTC topical lidocaine with emollient such as Vaseline or Aquaphor	Talk to your pharmacist about over-the-counter alternatives
Penlen	Skin lubricant, moisturizer, or barrier	OTC topical emollient such as Vaseline, Aquaphor, or Aloe	Talk to your pharmacist about over-the-counter alternatives
Prudoxin (doxepin) 5% cream	Topical emollient	OTC topical diphenhydramine or Rx steroid cream	Talk to your pharmacist about over-the-counter alternatives
Synerderm emulsion	Skin lubricant, moisturizer, or barrier	OTC topical emollient such as Vaseline, Aquaphor, or Aloe	Talk to your pharmacist about over-the-counter alternatives
Wound dressings - all product types	Topical emollient	OTC Duoderm products	Talk to your pharmacist about over-the-counter alternatives

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Zonalon (doxepin) 5% cream	Topical emollient	OTC topical diphenhydramine or Rx steroid cream	Talk to your pharmacist about over-the-counter alternatives
Topical Steroids			
Alcortin A (iodoquinol & hydrocortisone) external gel	Non-inflammatory skin disease	Generic Rx iodoquinol & hydrocortisone cream (Dermazene or Vytone)	Talk to your doctor about an alternative prescription
Bryhali (halobetasol) 0.01% lotion	Topical steroid lotion	Generic Rx topical steroid such as clobetasol or halobetasol cream or ointment	Talk to your doctor about an alternative prescription
Cordran (flurandrenolide) cream, lotion, ointment, & tape	Topical steroid	Generic Rx topical steroid such as clobetasol or halobetasol cream or ointment	Talk to your doctor about an alternative prescription
Duobrii (halobetasol & tazarotene)	Topical steroid	Generic Rx topical steroid such as halobetasol or clobetasol + tazarotene 0.05% cream	Talk to your doctor about an alternative prescription
Kenalog (triamcinolone) spray	Topical steroid spray	Generic Rx topical steroid in cream or lotion formulation such as betamethasone 0.1% or fluticasone	Talk to your doctor about an alternative prescription
Pramosone (pramoxine & hydrocortisone) cream	Non-inflammatory skin disease	Generic Rx topical corticosteroid or OTC Preparation H	Talk to your pharmacist about over-the-counter alternatives
Psorcon (diflorasone) cream	Topical steroid	Generic Rx topical steroid such as betamethasone cream or ointment or fluticasone ointment	Talk to your doctor about an alternative prescription
Sernivo (betamethasone)	Topical steroid	Generic Rx topical steroid in cream or lotion formulation such as betamethasone 0.1% or fluticasone	Talk to your doctor about an alternative prescription
Wynzora (calcipotriene and betamethasone) cream	Topical steroid	Generic Rx topical calcipotriene and betamethasone ointment	Talk to your doctor about an alternative prescription
Topical - Other Agents			
**DermacinRx - all product extensions/types	Topical steroid/analgesic/anti-inflammatory	Generic OTC topical analgesics, corticosteroids, or anti-inflammatory PLUS hydrating agents like petroleum jelly	Talk to your doctor about an alternative prescription

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Endocrine and Metabolic Agents			
Antidiabetics			
Fortamet (metformin, ER, osmotic release)	Oral antidiabetic agent	Generic Rx metformin ER (Glucophage XR tablet formulation)	Talk to your doctor about an alternative prescription
Glimepiride 3 mg tablet	Oral antidiabetic agent	Generic glimepiride 1 mg, 2 mg, or 4 mg tablet, generic glipizide, generic glyburide	Talk to your doctor about an alternative prescription
Glumetza (metformin, ER modified release)	Oral antidiabetic agent	Generic Rx metformin ER (Glucophage XR tablet formulation)	Talk to your doctor about an alternative prescription
Corticosteroids			
Hemady (dexamethasone) tablet	Steroidal anti-inflammatory	Generic Rx dexamethasone, prednisone, prednisolone, or methylprednisolone	Talk to your doctor about an alternative prescription
Rayos (prednisone, DR) tablet	Steroidal anti-inflammatory	Generic Rx dexamethasone, prednisone, prednisolone, or methylprednisolone	Talk to your doctor about an alternative prescription

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***All formulations of DermacinRx are excluded, alternatives will be dependent upon individual formulation.*

Questions?

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Gastrointestinal Agents			
Bonjesta (doxylamine & pyridoxine) tablet	Nausea/vomiting	OTC vitamin B6 + doxylamine	Talk to your pharmacist about over-the-counter alternatives
Dexilant (dexlansoprazole) capsule	Indigestion/Gastroesophageal reflux disease	Generic Rx or OTC proton-pump inhibitor	Talk to your pharmacist about over-the-counter alternatives
Diclegis (doxylamine & pyridoxine) tablet	Nausea/vomiting	OTC vitamin B6 + doxylamine	Talk to your pharmacist about over-the-counter alternatives
Glycate (glycopyrrolate) 1.5 mg tablet	Ulcer adjunctive therapy	glycopyrrolate 1 mg or 2 mg tablet	Talk to your doctor about an alternative prescription
lactulose 10 gram packet	Constipation/Hepatic encephalopathy	Generic lactulose 10 grams per 15 mL solution	Talk to your doctor about an alternative prescription
Zegerid (omeprazole & sodium bicarbonate) capsule	Heart burn	Generic Rx or OTC proton-pump inhibitor + OTC Tums	Talk to your pharmacist about over-the-counter alternatives
Hematological Agents			
Yosprala (aspirin & omeprazole) tablet	Secondary prevention of cardiovascular event	Generic OTC aspirin + OTC omeprazole (Prilosec)	Talk to your pharmacist about over-the-counter alternatives
Nutrients and Nutritional Agents			
Dietary Management agents (such as Vasculera, Xyzbac, and others)	Dietary supplement	OTC multivitamin plus OTC CoQ10 + Rx folic acid	Talk to your pharmacist about over-the-counter alternatives

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Folic Acid/Vitamin D supplements (such as Folixapure, Folixate, Foltrexyl, and others)	Folic Acid/Vitamin D Supplement	OTC oral vitamin D + Rx folic acid	Talk to your pharmacist about over-the-counter alternatives
Multi-vitamin dietary supplements (such as One-A-Day, Thera-tab, Therems, and others)	Dietary supplement	OTC multivitamin plus OTC CoQ10 + Rx folic acid	Talk to your pharmacist about over-the-counter alternatives
Nascobal (cyanocobalamin) nasal solution	Vitamin B-12 supplement	OTC oral vitamin B-12 or Rx injectable vitamin B-12	Talk to your pharmacist about over-the-counter alternatives
Oncology			
Selective Estrogen Receptor Modifier			
Soltamox (tamoxifen citrate) oral solution	Breast cancer	Generic Rx tamoxifen tablet	Talk to your doctor about an alternative prescription
Ophthalmic and Otic Agents			
Cequa (cyclosporine) 0.09% ophthalmic solution	Dry eye relief	OTC lubricating eye drops or generic Rx cyclosporine eye drops	Talk to your pharmacist about over-the-counter alternatives and your doctor about an alternative prescription
Miebo (perfluorohexyloctane) ophthalmic solution	Dry eye relief	OTC eye lubricant or generic Rx cyclosporine eye drops	Talk to your pharmacist about over-the-counter alternatives and your doctor about an alternative prescription
Tyrvaya (varenicline) nasal solution	Dry eye relief	OTC lubricating eye drops or generic Rx cyclosporine eye drops	Talk to your pharmacist about over-the-counter alternatives
Vevye (cyclosporine) 0.1% ophthalmic solution	Dry eye relief	OTC lubricating eye drops or generic Rx cyclosporine eye drops	Talk to your pharmacist about over-the-counter alternatives and your doctor about an alternative prescription
Vyzulta (latanoprostene) 0.024% ophthalmic solution	Glaucoma	Generic Rx latanoprost (Xalatan), generic ophthalmic prostaglandin	Talk to your doctor about an alternative prescription

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Xelpros (latanoprost) 0.005% ophthalmic emulsion	Glaucoma	Generic Rx latanoprost (Xalatan), generic ophthalmic prostaglandin	Talk to your doctor about an alternative prescription
Xiidra (lifitegrast) 5% ophthalmic solution	Dry eye disease	Ophthalmic loteprednol or OTC ophthalmic lubricant	Talk to your pharmacist about over-the-counter alternatives and your doctor about an alternative prescription
Respiratory Agents			
Cough/Cold/Allergy/Antihistamine			
Clemasz, Clemsza (clemastine fumarate) tablet and syrup	Allergy relief	OTC or generic Rx antihistamine	Talk to your pharmacist about over-the-counter alternatives
Ryclora (dexchlorpheniramine maleate) oral solution	Allergy relief	OTC or generic Rx antihistamine	Talk to your pharmacist about over-the-counter alternatives
Ryvent (carbinoxamine maleate) 6 mg tablet	Allergy relief	OTC antihistamine	Talk to your pharmacist about over-the-counter alternatives
Nasal Agents - Systemic and Topical			
Sinuva (mometasone) nasal implant	Nasal polyps	OTC fluticasone (Flonase) nasal spray or oral antihistamine	Talk to your pharmacist about over-the-counter alternatives
Xhance (fluticasone) nasal spray	Allergy relief	OTC fluticasone (Flonase) nasal spray or oral antihistamine	Talk to your pharmacist about over-the-counter alternatives

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PROTECT

Formulary Optimization for Low Clinical Value Medications

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