

## **COBRA INFORMATION FOR 2025**

### COBRA Contact Information

Sterling Administration

1-800-617-4729 – Customer Service (M-F, 10am to 7pm CST)

Email: [customer.service@sterlingadministration.com](mailto:customer.service@sterlingadministration.com)

In your Benefits Guide refer to Section “General Notice of COBRA Continuation Coverage Rights for more information about continuing coverage when you lose group health coverage.